



Low Porosity

What Products Do I Use If My Hair Is Low Porosity? It Resists Moisture, So The Game Is Getting Water In And Keeping It There.





What Do I Use If I Have Low Porosity Hair?

It resists moisture, so the whole game is getting water in, and keeping it there.

Low porosity hair has a tightly compacted cuticle, which means it resists absorbing moisture and product can sit on top instead of sinking in. The fix is simple: lead with moisture, get your hair and water together often, and layer light so nothing just sits there. Always work on wet or damp hair, never let it dry out.

I

In The Wash: All Moisture

Low porosity loves a moisturizing wash. Pick any one of these moisturizing pairs, it doesn't matter which, as long as it's moisture-focused:

Option 1

[Honey Crème Shampoo](#) + [Honey Crème Masque](#)

Option 2

[Joico Shampoo](#) + [Joico Treatment Balm](#)

Option 3

[Food For Soft Shampoo](#) + [Conditioner](#)

How Often To Wash

- Because you're low porosity, your hair needs to meet water more often, wash at least once a week.
- The more regularly water gets into the hair, the easier it absorbs and holds moisture.

The Goal: Never give your hair the chance to dry out. Always apply your [products](#) on wet or damp hair.



II

In The Style: Lead With Moisture

The Layering Rule

Always layer thinnest to thickest, no matter how many products you use: [Leave-In](#) → [Cream-Oil](#) → [Foam](#) → [Gel](#) → [Butter](#). Two products or four, follow that order and you'll always be good.

First, The Finger Test

Run your fingers down your hair. Feels smooth? Keep it light, you don't need a lot of product. Feels rigid? Add another layer of moisture on top. That one test tells you how much to use.

If Your Hair Feels Smooth (*Keep it light*)

1. [Mizani Miracle Milk](#)
2. [Flourish Cream-Oil](#)
3. Then pick one styler for your hair's condition (see below)

Choose your third product by how your hair feels, that's all you need.

Dehydrated

Reach for the [Flourish Moisture Butter](#), your heaviest moisture.

Moderate

Go with the [Flourish Moisturizing Gel](#) for moisture + definition.

Maintenance

The [Flourish Hydrating Foam](#), just keeping moisture in.

If your hair feels rigid (*Add one more layer*)

Do the exact same thing, then add the next product up on top (thinnest to thickest):

1. Chose the [Flourish Hydrating Foam](#)? Add the [Flourish Moisturizing Gel](#) on top.
2. Chose the [Flourish Moisturizing Gel](#)? Add the [Flourish Moisture Butter](#) on top.

That's the only difference, rigid hair just gets one more layer of moisture. Then twist, braid, or style however you like.

This Covers Every Style Except Wash And Gos

For a wash and go, do the same idea but leave out the [leave-in](#) and the [Cream-Oil](#). Oil under gel breaks the cast, so skip it on a wash and go.

If Your Hair Is Fine Or Low Density

Use these same products, just add more water and use less product. See our [Fine Hair Guide](#) for more.

The Low Porosity Rule

Lead with moisture, meet water often, and layer thin to thick. Let the finger test tell you how much to use.

Happy Growing!

Join the Next Challenge

Step-by-step guidance, routines, and support. For the full routine, grab the [Low Porosity Regimen Guide](#).

Join our Email List

A summer full of tips, discount codes, and first dibs as a Flourish Insider.

Book An Appointment

Ready to flourish? Book your appointment with one of our curl specialists.