



High Porosity

What Products Do I Use If My Hair Is High Porosity? It Drinks Moisture And Loses It Fast. Lock It In And Seal It Down.



What Do I Use If I Have High Porosity Hair?

It loses moisture fast, so fill the porosity, then layer to hold it in.

High porosity hair has a raised, open cuticle, so it drinks moisture in but loses it just as fast, and it can feel dry or rough. The strategy is two-part: fill the porosity in the wash, then layer your [products](#) generously when you style so the moisture stays locked in. Always work on wet or damp hair.

I

In The Wash: Fill, Then Soften

Alternate two kinds of wash so you both fill the porosity and soften the hair:

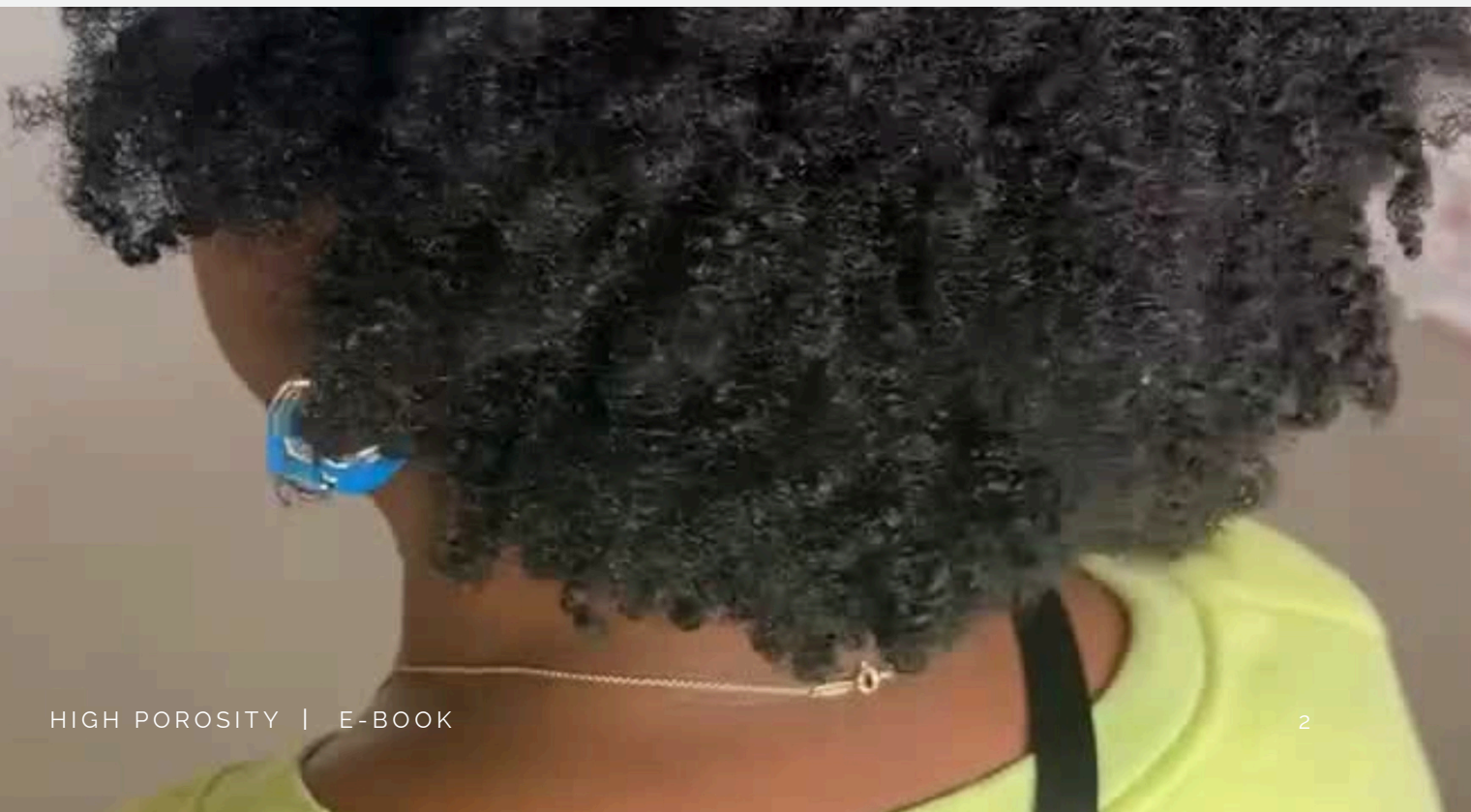
Fill The Porosity

[Instacure Shampoo](#) + [Conditioner](#), helps fill and strengthen high-porosity strands.

Soften The Hair

Any moisture wash, [Joico Moisture Recovery](#) or [Design Essentials Honey Creme](#).

Alternate between the two. Instacure fills the raised cuticle; the moisture wash softens hair that feels dry from being high porosity. Always apply products on wet or damp hair, never let it dry out.



II

In The Style: Layer Generously

The Layering Rule

High porosity loves layers, and they always go thinnest to thickest: [Leave-In](#) → [Cream-Oil](#) → [Foam](#) → [Gel](#) → [Butter](#). The more layers, the more moisture stays locked in.

High-Density Hair (*Two Strands, Flat Twists, Braids, Natural Styles*)

Go all in, you can use all five at once:

1. [Mizani Miracle Milk](#)
2. [Flourish Nourishing Cream-Oil](#)
3. [Flourish Set Me With Ease Hydrating Foam](#)
4. [Flourish Hold Me Down Softly Moisturizing Gel](#)
5. [Flourish Wrap Me In Softness Moisture Butter](#)

Twist or braid them in on wet hair and let them dry in, sit under a dryer or air dry.

Less Dense Hair (*Cut Down On Products*)

A step below high density, drop the heaviest layer:

1. [Mizani Miracle Milk](#)
2. [Flourish Nourishing Cream-Oil](#)
3. [Flourish Set Me With Ease Hydrating Foam](#)
4. [Flourish Hold Me Down Softly Moisturizing Gel](#)

You don't have to use all four, any combination works ([Foam](#) + [Butter](#), [Gel](#) + Butter, etc.). The less dense your hair, the fewer products you use, and the less of each.

The High Porosity Rule

*Fill it in the wash, layer it in the style. More density = more layers;
less density = fewer products and less of each.*

Happy Growing!

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