FLOURISH
CURLS

# Blow Dry

What Products Do I Use If I Want A Blow Dry? A Light, Moisturized Blow Out, And Your Prep Before Braids.

# What Do I Use To Blow Dry My Hair?

***A light, moisturized blow out, and your prep before braids.***

## READ THIS FIRST

Your products will only work as well as your hair will allow. If you're dealing with a moisture, protein, or bond issue, you'll struggle somewhere in your style. If that's you, I highly suggest you Join A Challenge so we can help you restore your hair's health, your styling will hit a thousand times better.

Shampoo and condition with whatever your hair needs, typically moisture. Any of these moisturizing pairs work:

**OPTION 1**

Design Essentials Honey Crème

**OPTION 2**

Joico Moisture Recovery

**OPTION 3**

Food For Soft

# II

# Prep, Then Blow Dry

### For A Light But Moisturized Blow Dry

1. Spray in Apply Mizani Miracle Milk generously
2. Flourish Cream-Oil generously
3. Blow dry

### For High-Density Hair *(More moisture mid-to-ends)*

1. Spray in Mix Mizani Miracle Milk
2. Flourish Cream-Oil + Blow Dry Flourish Moisture Butter together, Apply Mid to Ends.
3. Blow Dry

### This Is Also Your Pre-Braid Prep

This is the exact same blow dry prep you'll use before getting braids installed. See our Braids Guide for what to do after the install.

## *The Blow Dry Rule*

*Moisturize generously, then dry. Mizani + Flourish Cream-Oil is your base, add Butter mid-to-ends for thicker hair.*

# *Happy Growing!*

## *Join the Next Challenge*

Step-by-step guidance, routines, and support for your healthiest hair yet.

## *Join our Email List*

A summer full of tips, discount codes, and first dibs as a Flourish Insider.

## *Book An Appointment*

Ready to flourish? Book your appointment with one of our curl specialists.