



Blow Dry

What Products Do I Use If I Want A Blow Dry? A Light, Moisturized Blow Out, And Your Prep Before Braids.



What Do I Use To Blow Dry My Hair?

A light, moisturized blow out, and your prep before braids.



READ THIS FIRST

Your products will only work as well as your hair will allow. If you're dealing with a moisture, protein, or bond issue, you'll struggle somewhere in your style. If that's you, I highly suggest you [Join A Challenge](#) so we can help you restore your hair's health, your styling will hit a thousand times better.



Shampoo and condition with whatever your hair needs, typically moisture. Any of these moisturizing pairs work:

OPTION 1

[Design Essentials Honey Crème](#)

OPTION 2

[Joico Moisture Recovery](#)

OPTION 3

[Food For Soft](#)

II

Prep, Then Blow Dry

For A Light But Moisturized Blow Dry

1. Spray in Apply [Mizani Miracle Milk](#) generously
2. [Flourish Cream-Oil](#) generously
3. Blow dry

For High-Density Hair *(More moisture mid-to-ends)*

1. Spray in Mix [Mizani Miracle Milk](#)
2. [Flourish Cream-Oil](#) + Blow Dry [Flourish Moisture Butter](#) together, Apply Mid to Ends.
3. Blow Dry

This Is Also Your Pre-Braid Prep

This is the exact same blow dry prep you'll use before getting braids installed. See our [Braids Guide](#) for what to do after the install.

The Blow Dry Rule

Moisturize generously, then dry. [Mizani](#) + [Flourish Cream-Oil](#) is your base, add [Butter](#) mid-to-ends for thicker hair.

Happy Growing!

Join the Next Challenge

Step-by-step guidance, routines, and support for your healthiest hair yet.

Join our Email List

A summer full of tips, discount codes, and first dibs as a Flourish Insider.

Book An Appointment

Ready to flourish? Book your appointment with one of our curl specialists.